

NOTES



Kings County Mental Health Taskforce

Thursday, October 26th, 2023 from 9:00am-10:30am

In-person (1222 W. Lacey Blvd, Hanford CA 93230) - Wellness Conference Room 2nd Floor
Or Zoom

<https://uso2web.zoom.us/meeting/register/tZUtf-yrqTIqEtTNVPbGtHwhJeGOSclRPEPm#/registration>

Attendance: Sarah Zufelt, Ken Baird, Desarine Lowe, Aliyah Ortiz, Codi Pennington, Polo Ortiz, Seng Leang Tang, Noah Whitaker, Ryan Bruton

9:00am-10:00am

★ Introductions & Ice Breaker

- What was your favorite video game or board game growing up?

★ Suicide Prevention Community Walk

- Avenal, CA
- Saturday, September 9th
- Debrief
 - 3 KCBH staff out at community walk
 - Suicide Walk in Hanford, Corcoran, Avenal
 - WestHills Veterans Suicide Prevention Walk
 - Statistics along the way
 - Collaboration with WestHills Veterans Resource Center
 - Carrying flags during the walk
 - Interactive activities: letter to a Veteran (encouragement mail) and bracelet making.

★ Suicide Prevention Discussion

- Thursday, September 21st



- Debrief
 - Destigmatize conversations
 - More accessible/approachable (Anxiety, Stress, Thoughts of Suicide...)

★ Mental Health Taskforce - November

- Thursday, November 16th from 9:00am-10:30am
- Thursday, November 30th from 9:00am-10:30am
 - Via Zoom and will check in with KCBH to see if Wellness Room is available

★ 23-24 Goals & Activities

- Kings County Mental Health Taskforce Learn the Signs/Break the Stigma Resource Cards
 - CaliYoung Minds
 - TheSource LGBT+
 - Family Support
 - Veterans Support Group
 - Sister Speak
 - Tribal Resources
 - Social Services Center
 - Learn the Signs: A community discussion on Mental Health
 - Talking to Youth
 - Learn the Signs: A community discussion on Suicide Prevention
 - Spanish
 - Be aware of space
 - Suggestion: Depression & Anxiety
 - Symptom: Isolation
 - Coings Skills
 - 9-8-8 on School ID cards



- Wellness Committee
 - Mental Health Matters Event - May
- ★ 2023-2024 Mental Health Taskforce Leadership
 - If you are interested in being a lead for the taskforce, please reach out to Aliyah at aliyah@kfpf.org.
- ★ Training, Antonio Lopez, KCBH Prevention Coordinator
 - SafeTalk
 - ASIST
 - Lemoore Elementary School District in November
 - NASL in late November or early December
 - Mental Health First Aid
 - Running list, if you are interested in participating please reach out to Antonio at Antonio.Lopez@co.kings.ca.us
- ★ Outreach, Des Lowe, KCBH Quality Assurance Specialist and Ethnic Services Coordinator
 - 988 outreach
 - Mental Health Awareness and Services outreach
 - Employee Outreach for Farmworkers
 - In 2023, KCBH has attended 106 community outreach events within Kings County
- ★ Services
 - DRAW, Seng Leng Tang, DRAW Clinician
 - Outreach and dropping off DRAW material
 - Support from staff and faculty
 - Increase in referrals towards the middle of the semester
 - LOSS, Polo Ortiz, KCBH Adult System of Care Clinical Program Manager

10:00am

- ★ State-required Suicide Prevention Strategic Plan, Noah Whitaker, KCBH Plan Consultant
 - Saturday, November 18th is International Survivor of Suicide Loss Day



- Suicide Presentation
- 1-2 week draft plan

- [Striving for Zero: California's Striving for Zero 2020-2025](#)
- If you have any feedback or suggestions:
 - **Goal 7:** Increase the use of best practices for reporting of suicide and promote healthy use of social media and technology: 9-8-8 Advertisement on KART
 - Kings View in collaboration with crisis officers hosted a “*How to respond to a Mental Health issue, suicide, and/or crisis*”
 - Integrate short trainings that are convenient for them

Next Meeting: Thursday, November 30, 2023 at 9:00am-10:30am

