

# NOTES



## Kings Coalition for Wellness and Awareness

Monday, August 14, 2023 from 10:00am - 11:00am

Via Zoom

(<https://uso2web.zoom.us/meeting/register/tZotfuGurDouH9AqeaUPpgiJHzTiRo-wvbmI#/registration>)

Attendees: Sylvia Garcia, Gaby Rodriguez, Aliyah Ortiz, Alma Mora, Katie Alvarez

- ★ Introductions & Ice Breaker
  - What is your middle name? If you don't have a middle name, what would you like it to be?
  
- ★ KCWA received funding from Kings United Way
  - Thank you Kings United Way!
  
- ★ [Self-Defense Workshop](#)
  - Wednesday September 27th
    - 6:00pm-8:00pm
    - Kings County Sheriff's Office
  - [Eventbrite](#)
  - Safety Kits
    - Key Alarm with LED
  
- ★ 2023-2024 Goals & Activities
  - If you have any goals or activities for Kings Coalition for Wellness and Awareness, please share them with Aliyah at [aliyah@kfpf.org](mailto:aliyah@kfpf.org).
  
- ★ Rock the Purple



- No updates
  - Aliyah will reach out Victim Witness

★ Roundtable

- Recovery Fest on Saturday, September 30th at Centennial Park in Hanford
- [Turkey Trot 2023](#) on November 23, 2023 - \$35.00 per runner
- KPFPP Budgeting Basic Workshop Thursday, September 14th at 1:00pm with EECU
- KPFPP Suicide Prevention Community Walk - Saturday, Sept 9th at 5:00pm
- KPFPP Suicide Prevention Discussion on Thursday, Sept 15th at 1:00pm-3:00pm at Koinonia Church
- KPFPP Mental Health First Aid at the Technology Learning Center on Sept 5th and Sept 6th
- KPFPP Chop Chop with Healthy Eating Active Living on Saturday, August 26th

**Next Meeting:** Monday, October 9th at 10:00am via Zoom

