

Meeting Notes



Healthy Eating/ Active Living

January 12, 2022 - 9:00am-10:00am via Zoom

<https://us02web.zoom.us/j/86004703223?pwd=eUdOejIxUlhhUmhWNnBKS2NCQUtTQT09>

Meeting ID: 860 0470 3223 Password: 884799

Dial by your location: +1 669 900 6833

Attendees: Renee Farias, Pam Eide, Juan Martinez, Susan Lafferty, Juliette Martinez, Jacobus Kos, Patricia Martinez, Eldon Bueno, Christina Tran, Danielle McFadden, Julie LeFils, Cameron Jones, Karina Casarez, Maryse Guevara, May Ly, Martin Rios, Devondria Sanchez, Yvette Olivero

- ❖ Welcome & Introductions
- ❖ Food Distribution Updates
 - New calendar with all dates and times finalized; please email if you need a copy
 - KCAO is also distributing face masks and hand sanitizers at the food distributions
 - If organizations/agencies are in need, Juan can order additional PPE at no cost; only need to know quantity needed
 - Submitted a grant for serving areas that are difficult to reach in Kings County (ex: Home Garden and Reservation); if there are areas you feel are not currently being served, please let KCAO know
- ❖ CalFresh updates
- ❖ [School Wellness Policy white paper](#) - promotion
 - Julie will send to Todd Barlow to then send to district superintendents
 - All HEAL members will push the information to their contacts within education
 - Suggestion: creating a landing page on the KPFP website
 - Link AHA resources (School Wellness and Workplace Wellness) on the website
 - Please email Karina after you've sent the document out to update HEAL with which contacts have been



- ❖ American Heart Association School Wellness Policy
 - Workplace Wellness - addressing employee wellness and how they can support healthier workplaces
 - [Healthy Workplace Food and Beverage Toolkit](#)
 - If there's a company who school that wants to get involved, they do an annual recognition
 - How do you track organizations who promote this within their workplace?
 - ◆ Utilize a scorecard. You submit an application once a year. This is completely free., Scorecard will measure where you're currently at and help your organization set goals
 - ◆ HEAL workgroup could assist in promoting the toolkit and annual recognition
 - School Wellness - tobacco sensation initiatives; how to support smoke free workplaces; supportive strategies instead of punitive; treating smoking/vaping as an addiction
 - Tobacco Free Schools Toolkit
 - What kind of promotion is currently being done?
 - Starting with non-2B funding schools (non tobacco funding from the state); Working through district superintendents, health educators, and assistant superintendents
 - Tobacco Free Partnership (CHC) has just started back up and may be good to be connected with
- ❖ Formalization
 - Leadership
 - Co-lead nominations
 - KCAO will assist in co-leading, Juan will begin with this position but will eventually like to pass the role on to Jacobus
 - [Charter](#)
- ❖ Organization Updates
 - Yvette Olivero: Referral Exchange Advisory meeting has been cancelled for January and will be held on February 21st

Next Meeting: Wednesday February 9th, 1-2pm

