## **Meeting Notes**



## Healthy Eating/ Active Living

February 9, 2022 - 1:00am-2:00pm via Zoom

https://us02web.zoom.us/j/86004703223?pwd=eUdOejIxUlhhUmhWNnBKS2NCQUtTQT09

Meeting ID: 860 0470 3223 Password: 884799

Dial by your location: +1 669 900 6833

Attendees: Renee Farias, Juan Martinez, Jacobus Kos, Julie LeFils, Julie LeFils, Cameron Jones, Susan Lafferty, Alex Sanchez, Eldon Bueno, Yvette Olivero, Christina Tran, Martin Rios, Pam Eide, May Ly

- Welcome & Introductions
- Food Distribution Updates
  - > Stepped away from Avenal a little bit but will be continuously going at least once a month
  - > Partnering with FHCN and other organizations
  - > Food distribution times have shifted a little later with times
  - Seeing a decline in participation (possible due to COVID); drop in number of families picking up food
  - > Let KCAO know if you need the distribution calendar
  - Opening pantry at West Hills College
  - Were supposed to have grand opening on Monday but schedule changed and the event will probably be the first week of March
  - ➤ You can go to soft opening on **Monday the 14th** to see what it looks like (~12:00pm but available all day)
  - ➤ Expanding current TIFA program (funding to serve areas that are not being currently served); chose to submit funding to serve Home Garden and Santa Rosa community and is waiting back for status
  - > Let KCAO know of site suggestions for summer meals

- ➤ Food bank numbers: Last year (2020), 54,230 families served (147,000 individuals); total pounds (in & out) that was over 2 million
- CalFresh updates
- Website update
- ❖ ACEs
  - > Priority to connect medical providers to service providers
  - Asking if Renee or Juan could attend the next NOC meeting to share what HEAL is working on
    - Renee is available from 2-2:30pm
    - Juan can also be available
  - > NETWORK OF CARE: THE POWER OF COMMUNITY
    - Monday, February 28 | 2:00 3:30 PM | via Zoom
    - Email shudson@healthcollaborative.org to receive a calendar invite to the next meeting.
    - For information regarding sessions, please visit kingsacesaware.org
- School Wellness Policy white paper final discussion
  - Karina will send pdf of finalized paper to full group
  - > Please send out to contacts
  - > Don't forget to email Karina with who you've sent the paper to
- March Panel
  - "Every day wellness"
  - ➤ March 17th from 1-3pm
  - ➤ Need to figure out panelists
  - > (1) discuss school wellness policy, workplace wellness, how to talk about nutrition, updated information they may need on nutrition or active living giving providers like social workers attending the meeting with tools to: (2) help their clients navigate healthy eating/active living in Kings County (which includes food access), (3) how wellness policies for workplace or school can be easily created and achieved AND their benefits, and (4) any new data that can help show the need, show what's working, etc etc.
  - > Renee is available
  - > Opportunity to plug the workgroup, summer meals, and school wellness policy
  - > KCAO would like to participate
  - > Julie is trying to contact Hanford or Lemoore Parks and Rec
  - > Juan suggested reaching out to Ana in Avenal and Lemoore Recreation Center

- Formalization
  - > Leadership
    - Co-lead nominations
  - > Charter
- Organization Updates
  - > KUW is hiring for a 2-1-1 specialist

Next Meeting: Wednesday March 9th, 1-2pm