

MEETING NOTES



Healthy Eating/ Active Living

August 10, 2020 - 1:30pm-2:30pm via Zoom

<https://us02web.zoom.us/j/81740429059?pwd=VVRTZit6OkgydC9ndVZOTENHZjBzd09>

Meeting ID: 817 4042 9059 Password: 909572

Dial by your location: +1 669 900 6833

Attendance: Maricsa Davalos, Nora Zaragoza-Yanez, Eldon Bueno, Julie LeFils, Renee Farias, Cameron Jones, Yvette Olivero, Susan Lafferty, Christina Tran, Maryse Guevara, Karina Casarez

- ❖ Welcome & Introductions

- ❖ School Meal Updates/ Food Distribution Updates
 - Summer meal updates/recap
 - Updates will be provided during our next meeting since KCAO was not present

- ❖ CalFresh updates

- ❖ 2021 Goals & Objectives discussion
 - 2 Smart Goals created that are focused on decreasing obesity.
 - A. By June 2021, conduct 3 promotional activities to create awareness of, and encourage participation in, summer meals programs.
 - Healthy Summer Campaign
 - RECAP will be provided during next month's meeting



B. By June 2021, compile a list of community physical activity resources available to individuals across the lifespan (youth, adults, seniors).

- What do we want to talk about/ plan for this project?

❖ Organization Updates

- Eldon (University of California Cooperative Extension CalFresh Nutrition Education Program)-
 - Just finished summer school focusing on nutrition education, physical activity, and gardening.
 - Will be implementing with Hanford School Districts during afterschool programs
 - Has also been focused on social media presence
 - https://www.instagram.com/cfhl_ucce_kingscounty/
 - <https://www.facebook.com/CFHL.UCCE.KingsCo>
- Yvette (Kings United Way)
 - New position as Referral Exchange specialist; will be assisting with the Referral Exchange platform, Unite Us
 - Will be having a demo with Unite Us tomorrow and will be reaching out to organizations to bringing them on board to the platform
- Maricsa Davalos (Nutrition Educator)
 - Still conducting virtually, over the phone. Working in the office but not yet seeing clients yet but is able to complete all the processes over the phone.
- Nora (Education and Leadership Foundation)
 - “Coalition of the willing”- tries to keep them up to date with public health updates; passion towards keeping communities food secure and ensuring the community has access to nutrition resources.
 - Are capable and willing to start collaborating with Kings County
- Renee (Dairy Council)
 - Getting new nutrition curriculum orders into school
 - Still scheduling mobile Dairy classrooms
 - Still see a demand for nutrition education
 - Feel free to email Renee with any questions or information about resources
- Send any organizations updates, trainings, etc. to karina@kfpf.org throughout the month if you'd like it shared with the group
- Julie (KFPF)
 - BEFORE COVID, the workgroup was:



- Looking at workplace policy “campaign” for active living; partner with organizations and businesses and create a policy for them to put in place within their own networks that promotes physical activity and healthy living.
- Working with insurance to financially support and push this “campaign”.
- Brainstorming how to create a “toolkit” where the organization/business can take the info together and implement it into their own networks.

Next Meeting: September 14th 9-10am

