



List of Community Behavior Indicators by Topic

Nutrition & Healthy Eating

Adult Sugar-Sweetened Beverage Consumption: Past 7 Days	<i>This indicator shows adults who consumed sugar-sweetened beverages in the past 7 days. Sugar-sweetened beverages include diet soft drinks, energy drinks, orange juice, other juice drinks, and regular soft drinks.</i>
Adults who Frequently Cook Meals at Home	<i>This indicator shows adults who frequently cook meals at home.</i>
Adults Who Frequently Used Quick Service Restaurants: Past 30 Days	<i>This indicator shows adults who used a quick service restaurant 6 times or more in the past 30 days.</i>

Physical Activity

Adults Who Belong to a Fitness Club or Gym	<i>This indicator shows adults who have a fitness club or gym membership.</i>
Adults who Follow a Regular Exercise Routine	<i>This indicator shows adults who follow a regular exercise routine.</i>

Weight Status

Adults Happy with Weight	<i>This indicator shows adults who are happy with their weight.</i>
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Tobacco Use

Adults who Smoke	<i>This indicator shows adults who currently smoke cigarettes.</i>
Adults who Used Electronic Cigarettes: Past 30 Days	<i>This indicator shows adults who used electronic cigarettes (e-cigarettes) in the past 30 days.</i>
Adults who Used Smokeless Tobacco: Past 30 Days	<i>This indicator shows adults who used smokeless tobacco products in the past 30 days. This includes chewing tobacco, snuff, dip, and snus.</i>

Wellness & Lifestyle

Adults who Agree Vaccine Benefits Outweigh Possible Risks	<i>This indicator shows adults who believe vaccine benefits outweigh possible risks.</i>
Adults who Feel Life is Slipping Out of Control	<i>This indicator shows adults who feel life is slipping out of control.</i>
Adults with Medical Conditions Limiting Lifestyle	<i>This indicator shows adults with medical conditions that limit their lifestyle.</i>
Self-Reported General Health Assessment: Good or Better	<i>This indicator shows adults who answered good, very good, or excellent to: "How is your general health?"</i>



Health Care Access & Quality

Adults who go to the Doctor Regularly for Checkups	<i>This indicator shows adults who go to the doctor regularly for check-ups.</i>
Adults who Visited a Cardiologist	<i>This indicator shows adults who visited a cardiologist in the past year.</i>
Adults who Visited a Dentist	<i>This indicator shows adults who visited a dentist or dental clinic for any reason in the past year.</i>
Adults who Visited a Dermatologist	<i>This indicator shows adults who visited a dermatologist in the past year.</i>
Adults who Visited an OB-GYN	<i>This indicator shows female adults who visited an obstetrician-gynecologist (OB-GYN) in the past year.</i>
Adults with Health Insurance: 18+	<i>This indicator shows adults aged 18 years and older that have any type of health insurance coverage.</i>
Adults with HMO Health Insurance	<i>This indicator shows adults aged 18 years and older that have health maintenance organization (HMO) insurance coverage.</i>
Adults with Medicaid Health Insurance	<i>This indicator shows adults aged 18 years and older that have Medicaid health insurance coverage.</i>
Adults with Medicare Health Insurance	<i>This indicator shows adults aged 18 years and older that have Medicare health insurance coverage.</i>
Adults with Military Health Insurance	<i>This indicator shows adults aged 18 years and older that have military (i.e., TRICARE) health insurance coverage.</i>
Adults with Other Health Insurance	<i>This indicator shows adults aged 18 years and older that have health insurance coverage other than HMO, PPO, POS, Medicaid, Medicare, and Military health insurance coverage.</i>
Adults with POS Health Insurance	<i>This indicator shows adults aged 18 years and older that have point-of-service (POS) health insurance coverage.</i>
Adults with PPO Health Insurance	<i>This indicator shows adults aged 18 years and older that have preferred provider organization (PPO) health insurance coverage.</i>
Households that Received Cancer Medical Services	<i>This indicator shows households with at least one person who received cancer (oncology) medical services in the past 3 years.</i>
Households that Received Cardiology Medical Services	<i>This indicator shows households with at least one person who received cardiology medical services in the past 3 years.</i>
Households that Received Maternity Care Medical Services	<i>This indicator shows households with at least one person who received maternity care medical services in the past 3 years.</i>
Households that Received Medical Services in an Emergency Room	<i>This indicator shows households with at least one person who received medical services in a hospital emergency room in the past 3 years.</i>



Health Care Access & Quality

Households that Received Medical Services in an Urgent Care Facility	<i>This indicator shows households with at least one person who received medical services in an urgent care facility in the past 3 years. This excludes services received in the emergency room.</i>
Households that Received Mental Healthcare Services	<i>This indicator shows households with at least one person who received mental healthcare medical services in the past 3 years.</i>
Households that Received Pediatric Medical Services	<i>This indicator shows households with at least one person who received pediatric medical services in the past 3 years.</i>
Households that Received Substance Abuse Treatment	<i>This indicator shows households with at least one person who received treatment for substance abuse, smoking, or nutrition related to substance abuse in the past 3 years.</i>

Medications & Prescriptions

Adults Who Bought Medications for Anxiety or Depression	<i>This indicator shows adults who bought medications for anxiety or depression in the past year.</i>
Adults Who Bought Medications for Asthma	<i>This indicator shows adults who bought medications for asthma in the past year.</i>
Adults Who Bought Medications for Cholesterol	<i>This indicator shows adults who bought medications for cholesterol in the past year.</i>
Adults Who Bought Medications for Diabetes	<i>This indicator shows adults who bought medications for diabetes in the past year.</i>
Adults Who Bought Medications for High Blood Pressure	<i>This indicator shows adults who bought medications for high blood pressure in the past year.</i>
Adults Who Bought Medications to Quit Smoking	<i>This indicator shows adults who bought medications to quit smoking in the past year.</i>

Health Communication & Health Information Technology

Adults with Internet Access	<i>This indicator shows adults who have access to the internet.</i>
Households with a Computer	<i>This indicator shows households that currently have a desktop or laptop computer.</i>
Households with a Smartphone	<i>This indicator shows households that currently have a smartphone.</i>
Households with Wireless Phone Service	<i>This indicator shows households that currently have wireless (i.e. cell) phone service.</i>
Adults Who Access Medical Services and Information through the Internet	<i>This indicator shows adults who use the internet or apps for medical services or information on a computer or smartphone in the past 30 days.</i>



Investment & Personal Finance

Adults who Feel Overwhelmed by Financial Burdens	<i>This indicator shows adults who feel overwhelmed by financial burdens.</i>
Households that Used Check Cashing, Cash Advance, or Title Loan Shops	<i>This indicator shows households that used check cashing, cash advance, or title loan shops.</i>
Households with a 401K Plan	<i>This indicator shows households that have a 401K plan (i.e., company-sponsored retirement plan)</i>
Households with a Savings Account	<i>This indicator shows households that have a savings account.</i>
Households with Student Loan Debt	<i>This indicator shows households that have student loan debt.</i>