MEETING NOTES



KPFP Monthly Meeting

September 16, 2021 1:00pm-3:00pm Via Zoom

Attendees: 70 individuals joined the meeting

Watch meeting recording here: https://youtu.be/aYJ5SOsFoRA
Watch Data and Suicide Prevention Efforts Overview by Noah Whitaker here: https://youtu.be/o1ivpKzXzhU

Welcome and Introductions

Julie LeFils, KPFP Executive Director

- United in Building Healthy Futures
 - Please join the Kings County ACEs Network of Care for a virtual conference as we unite in building healthy futures for Kings County residents. This event, held on September 20th from 11-4pm, will be a gathering of community members, organizations, and partners to celebrate and expand on our local progress toward cutting ACEs in half within one generation. Hear from the Kings County Network of Care Leadership and take advantage of opportunities to expand your knowledge regarding topics relating to ACEs, toxic stress, and resilience. As a Network of Care, we are committed to creating local platforms for relationship-building and information-sharing to advance these important and life changing efforts. The cultural shift begins with us. Let's build a healthier future for our community together!
 - Why Register?
 - Besides learning more about the listed topics...
 - All attendees will receive a box full of SWAG and snacks
 - Lunch is on us! Attendees will receive a \$25 GrubHub gift card
 - We'll be holding raffles throughout the event
 - Register here.
 - Workgroup Shoutouts
 - Learn more about the Kings County Mental Health Taskforce here
 - Meetings held on the 4th Thursday of every month from 9-10:30am
 - Learn more about Healthy Eating/Active Living <u>here</u>
 - Meetings held on the 2nd Tuesday of every month from 9-10:00am

- Learn more about the Substance Use Prevention Workgroup here
 - Meetings held on the 1st Wednesday of every month from 9-10:00am
- Learn more about KCWA here

Data and Suicide Prevention Efforts Overview

Noah Whitaker,

To view the presentation, please click here

Suicide Prevention Consultant

Suicide Prevention Panel

[To view the full panel video, please click here]

Jackie Jones, LMFT,

Tulare County Child Welfare Services & Tulare County Suicide Prevention Task Force

Jennifer Christian-Herman, Ph.D.,

Executive Director, Mind Body Medicine Behavioral Health Blue Shield of California

Artemisa Valdez,

Regional Director,

Tulare & Kings County Warm Line

Laurie Cano

Peer Support Specialist, Tulare & Kings County Warm Line

Tulare & Kings County Warm Line

[To view the presentation, please click here]

Roundtable

- Family Support Group- Family Support group is currently meeting IN PERSON on the 1st and 3rd Tuesdays of the month at the Behavioral Health office. The meeting is held from 5:30-7:30pm. Click here for more information.
- California Personal Responsibility Education Program (Cal PREP)- The California
 Personal Responsibility Education Program (CA PREP) provides comprehensive sexual
 health education to adolescents through the evidence-based program model Making
 Proud Choices. CA PREP focuses on how to prevent pregnancy and sexually transmitted
 infections (STIs).
 - Kings County Sexual Health Coalition- We are a coalition of professional organizations and individuals who share a commitment to improving and advancing sexual health. First coalition meeting will be held on Tuesday October 5th from 3:30-4:30pm. Email Grecia Lopez at gjlopez@healthcollaborative.org for more information.
- Kings Referral Exchange- Kings United Way has partnered with Unite Us to establish a The Referral Exchange for Kings County. Most organizations can join for FREE and list their numerous programs and resources that other organizations can refer clients to in a secure, closed-loop electronic referral system. Unite Us' goal is to connect everyone to the care they need, and together we are helping Kings County be healthier and more connected. Please check out the Kings United Way page here. All of your organization's should be listed on this valuable bi-directional closed loop referral resource. Please

reach out to Lexi Terrell lexit@kingsunitedway.org or Yvette Olivera at vvetteo@kingsunitedway.org for more information.

- Veteran's Strategic Hiring Event- The Veteran Service Organizations of the Central Valley invite you to their Strategic Hiring Event on Saturday, October 16th, 2021. This event provides Veterans and their families with the opportunity to provide employers with a virtual resume in the form of a PowerPoint presentation (assistance provided). Employers will have the opportunity to conduct on the spot job interviews and offer conditional employment.
- **211 Kings County-** 211 Kings County.org has a Mental Health services tab for local services local in Kings County. Visit 211 at https://www.211kingscounty.org/
- Kings County WIC- Kings County WIC is OPEN. WIC provides: Nutrition education
 classes and individual nutrition counseling, Breastfeeding education, Breastfeeding
 support from certified breastfeeding specialists, Vouchers to purchase nutritious food at
 the grocery store, and referrals to health care and community service providers. Email
 Claudia Cazares at Claudia.Cazares@co.kings.ca.us for more information.
- Cultural Humility Taskforce- The CHTF provides information, support and guidance to
 promote, and sustain the county's ongoing efforts to insure the provision of culturally
 relevant, appropriate and competent mental health services for individuals and families
 in Kings County. Other committee assignments may include and are not limited to the
 development of culturally competent standards, policies and practices; and the
 implementation of quality improvement activities related to mental health intervention
 and outcomes.
 - Why a Cultural Humility Taskforce?
 Promoting cultural humility countywide requires a team effort. The Cultural Humility Taskforce will work collaboratively with Kings County providers and community members to ensure the delivery of culturally relevant and responsive mental health services while:
 - Embracing Kings County's mission statement to promote, support and invest in the wellness of individuals living in Kings County and
 - Supporting the goal of the Mental Health Services Act (MHSA, Prop 63) to eliminate disparities and to address the specific racial, cultural, ethnic, and linguistic mental health needs of underserved and unserved populations.

The Behavioral Health Cultural Humility Taskforce meets on the **2nd Thursday of every month from 10-11:30am via Zoom**. For more information, email Desarine.lowe@co.kings.ca.us or Daisy.Guizar@co.kings.ca.us

Meeting Adjourned

Workgroup Highlights

- Substance Use Prevention (First Wednesday, 9:00am-10:00am, via Zoom)
- **HEAL (Healthy Eating/Active Living)** (Second Tuesday, 9:00-10:00am, via Zoom)

• Kings County Mental Health Taskforce (Fourth Thursday, 9:00-10:30am)