

MINUTES



General Meeting

9/19/19 1:00-3:00pm

Koinonia Church, Great Room

(Note: a call-in option for this meeting is not yet available)

Welcome and Introductions

Robert Thayer, Chair

Announcements

Julie LeFils, Executive Director

- Become a Partner of KPFP! Partnership Packet available on KPFP website
- Don't forget to explore data on the KPFP website and use the 'Location Report Builder'!

Organization Spotlight

- CASA *Nathan Lee, CASA Executive Director*
 - *Everyday innocent children who are victims of abuse and neglect become dependents of the court. This means that a judge will now decide their future. CASA is a national association with a network of 946 programs that are recruiting, training and supporting volunteers to represent the best interests of abused and neglected children in the courtroom and other settings. In the state of California, CASA volunteers are advocating for 8,000 abused and neglected children. Our community alone has over 600 abused and neglected children in the foster care system who would benefit greatly from having a CASA as their advocate. Studies have shown that foster children who had a CASA are more likely to receive needed services, more likely to be adopted, and half as likely to re-enter the foster care system. Kings County currently has 17 advocates serving 30 children.*

Presentation

- Suicide in Kings County *Kings County Behavioral Health and Kingsview*
 - *Globally close to 800,000 die to suicide every year. 1 person every 40 seconds.*
 - *On Average, there are 129 suicides per day in the US.*
 - *Suicide is the 10th leading cause of death in the US among all ages*
 - *2nd leading cause of death for ages 15-24*
 - *22 Veterans die everyday by suicide*
 - *Suicide occurs across ethnic, economic, social and age boundaries.*

- *Suicide is preventable. Most suicidal people desperately want to live; they are just unable to see alternatives to their problems.*
- *Most suicidal people give definite warning signals of their suicidal intentions, but others are often unaware of the significance of these warnings or unsure what to do about them.*
- *Talking about suicide does not cause someone to become suicidal.*
- *Surviving family members not only suffer the loss of a loved one to suicide, but are also at higher risk of suicide and emotional problems.*
- *Kings County Behavioral Health is currently in the initial development stages of creating a Suicide Prevention Committee/Workgroup and drafting a county specific Suicide Prevention Plan. KCBH will be reaching out to NAS Lemoore and The Santa Rosa Rancheria to request their involvement and valuable stakeholder feedback.*
- *KCBH has the following Suicide Prevention Programs*
 - *DRAW (Depression Reduction Achieving Wellness)*
 - *To offer mental health services, information, and resources to both students and staff in a natural community setting.*
 - *To reduce mental health stigma, so that students will feel more comfortable accessing mental health services.*
 - *To reduce the number of untreated cases of depression that may ultimately require a higher level of care, and decrease the incidence of suicide.*
 - *Draw offers screening, early intervention, and linkage at West Hills College, San Joaquin Valley College, and College of The Sequoias.*
 - *Central Valley Suicide Prevention Hotline (1-888-506-5991)*
 - *The Central Valley Suicide Prevention Hotline is an existing hotline that support individuals experiencing suicide ideation. KCBH will participate in providing this service for Kings County residents.*
 - *The trained staff and volunteers conduct the following:*
 - *Save the caller and offers immediate support*
 - *Develop a safety plan for the caller*
 - *Reach out to callers with post crisis follow-up to ensure that they are safe and getting the help the caller may need.*
 - *LOSS Team (Local Outreach to Suicide Survivors)*
 - *Kings County's LOSS Team reaches families as soon as possible after they experience the loss of a loved one to suicide. Loss and Grief counseling referrals are offered to each family member.*
 - *The LOSS Team is made up of volunteers that have experienced a loss to suicide or are dedicated to the effort of suicide prevention. KCBH LOSS Team Point of Contact:*
 - *Stephanie Bealer, Adult System of Care ASOC Program Manager*

- Office: (559) 852-2975, Email: Stephanie.Bealer@co.kings.ca.us

Roundtable Sharing

- Kings United Way is hosting their annual Turkey Trot on Thanksgiving Day. Be on the lookout for their BOGO!
- 2-1-1 is currently working on a texting option which is now in the testing phase. More information to come.
- Hanford Homeless Connect happens on Wednesday afternoons from 2-4pm at the Episcopal Church Soup Kitchen.
- CASA is hosting a fundraising event on September 28th. Go to their website for ticket information.
- Anthem now offers transportation s to their clients for grocery shopping, doctor appointments, dental appointments, to seek housing, etc.
- No Kid Hungry works with school food programs to ensure all kids get breakfast and lunch.
- Santa Rosa Rancheria is participating in this year's Red Ribbon Events and looking forward to the fun filled day for the children.
- The Dairy Council of California offering nutrition resources. Visit their website at www.healthyeating.org
- Vendors welcome to Avenal's last Friday Night Market on October 11th and to their Pistachio Festival October 17-20.
- Champions to host their annual Recovery Fest on September 28th from 9am - 1pm at Lacey Park.
- Kings County Behavioral Health (KCBH) is conducting a public survey for the MHSA Annual Update report to the State of California regarding the mental health needs of Kings County residents. To participate visit <https://www.surveygizmo.com/s3/4963418/Kings-MHSA-Annual-Update-Survey>
- California Health Collaborative CA Prep Program is available to conduct workshops.
- Kingsview is working in schools this month on the topic of Suicide Prevention.
- Kings County Office of Education is hosting their annual Stay Smart contest for youth with this year's topic being 'Don't Fall Into Smoking'. They will also hold a training on human trafficking identification and prevention on October 16th.
- American Cancer Society currently working on smoke-free policies.
- Central California Food Bank helps clients fill out paperwork to sign up for food stamps. They are also available to conduct presentations.
- Kings Coalition for Wellness Awareness to host their annual Rock the Purple Luncheon on October 15th at the Hanford Civic Auditorium.

Meeting Adjourned

Workgroup Highlights

- **Substance Use Prevention** (First Wednesday, 10:00-11:00am) - Focusing on a pilot project of Substance Use Prevention in Corcoran. In the process of identifying key players and developing strategy.
- **Reproductive Sexual Health** (Quarterly - Second Tuesday, 9:00- 10:00am)-Now focusing on how to expand education to adults, striving to reduce the incident rate of STD's in Kings County.
- **HEAL (Healthy Eating/Active Living)** - (Second Wednesday, 1:30- 3:00pm) Promoting a School Wellness Policy white paper; Reviewing the promotion and usage of Summer Lunch programs; Working to improve food accessibility in vulnerable communities
- **KCWA (Injury/Violence Free)**-Building a planning committee to take Human Trafficking awareness into action on a county wide protocol; currently planning this year's Rock the Purple Luncheon (Domestic Violence Awareness)
- **Mental/Emotional Wellbeing** (Fourth Tuesday, 9:30-10:30am) - Continuing to offer Social/Emotional Teacher Trainings; Hosted County-wide 'Youth and Social Media' training for guidance counselors, social workers, and clinicians; focusing on Suicide Prevention for the month of September