

# MINUTES



## General Meeting

10/17/19 1:00-3:00pm

Koinonia Church, Great Room

### Welcome and Introductions

*Andrew Cromwell, Chair*

- Those present introduced themselves with 53 people in attendance.

### Announcements

*Julie LeFils, Executive Director*

- Become a Partner of KPFP! Partnership Packet available on KPFP website
- Don't forget to explore data on the KPFP website and use the 'Location Report Builder'!
- Save the Date for Kings County Prevention Awards: **Thursday, December 5th!**
- Nominations for Prevention Awards will be available starting tomorrow!
  - GREATEST CONTRIBUTION TO YOUTH DEVELOPMENT
  - GREATEST CONTRIBUTION TO PARENT SUPPORT
  - YOUTH AWARD - OUTSTANDING CONTRIBUTION TO THE COMMUNITY
  - MOST INNOVATIVE PREVENTION PROGRAM
  - EXCELLENCE IN PREVENTION PROGRAMMING
  - LIFETIME ACHIEVEMENT IN PREVENTION
  - EXCELLENCE IN COMMUNITY COLLABORATION

### Presentations

- National Medicine Abuse Awareness Month *Kings County Behavioral Health*
  - *The Office of National Drug Control Policy reports that medicine abuse is our nation's fastest-growing drug problem. A 2013 Report finds 4 percent of teens have abused OTC medicine containing dextromethorphan (DXM) to get high. Family and friends are a source of concern Next to marijuana, prescription medicine is most common drug of choice.*
  - *Teenagers don't know that abusing Rx drugs can damage the brain and other organs, lead to accidental overdose / poisonings, cause physical dependency and / or addiction, disrupt breathing (respiratory depression), cause seizures and even death.*
  - *We can prevent abuse by educating ourselves, monitoring our medicines, talk to our teens and other parents.*
  - *We can also watch for physical warning signs which are: excessive sweating, urination or thirst, nausea and vomiting, uncontrollable diarrhea, spastic shaking, drowsiness, dizziness and insomnia, loss of consciousness, physical dependence, addiction*

- Veterans and their Homeless Experiences

*Kings County Library and WestCare*

- *In conjunction with the California Department of Veterans Affairs (CalVet), the Kings County Library provides volunteers who are pleased to help veterans and their families. People can visit the Veterans Resource Station at the Hanford Branch Library to learn about state and federal education, employment, housing, health, disability and other benefits that may be available to you and your family.*
- *WestCare provides shelter and also works with other organizations to serve the homeless of various communities. Once the immediate need of shelter has been met, individuals must move to transitional living facilities to ensure positive change. In California, WestCare serves both homeless male veterans and homeless female veterans through Veteran's Plaza and HomeFront. These programs give back to those who have already given so much by providing them a home and case management services for up to two years.*
- *The Kings County Library recently partnered with Westcare to film success stories about people here in Kings County.*

## Roundtable Sharing

- Westcare offers substance use counseling to youth. They will be participating in the upcoming Red Ribbon events at Kings County schools at the end of this month.
- Candy Cane Christmas Charity Dinner, December 12, 2019 from 6-9pm
- Kings United Way to host their annual Turkey Trot 5k on Thanksgiving morning
- NAS Lemoore Fleet & Family to host Mindful Mondays: Stress Management Trainings by taking the trainings to the squadrons.
- NAS Lemoore Retired Military Appreciation Day, November 2nd
- Remscape Video Production, subscribe to his YouTube channel
- Champions Men's Graduation tonight at Koinonia Church
- KARELink is changing their name to Kings Whole Person Care
- Kings County Wellness Bridge currently receiving donations for winter survival kits for our homeless community
- Kings County Wellness Bridge to host a Landlord Open House on October 31st with the goal of connecting landlords/property owners to local resources to provide housing for those in need.
- Hanford Homeless Connect needs volunteers on Wednesday afternoons from 2-4pm at the Episcopal Church Soup Kitchen.
- Westcare to host a Thanksgiving lunch for local Veterans on November 22nd. They are accepting donations of food for the meal and gift cards to give out.
- Amvets working to train their staff on suicide prevention. (Assist & Safe Talk certifications.)
- Junior AMVETS are the sons and daughters (under age 18) of AMVETS members. As a nationwide organization, "the Juniors" (as they are sometimes called) undertake projects—such as visiting a homeless shelter—that benefit veterans and communities

alike. They will be hosting their annual Walk/Run a thon on November 16th at the Hanford Civic Park to support Suicide Awareness. Vendors needed.

- Kings County Library offers Veteran's Resources on Wednesdays from 1-4pm.
- Kings County Suicide Prevention Task Force is combining efforts with KFPF's Mental & Emotional Wellbeing workgroup. They meet on the fourth Thursday of each month at 9am.
- Kings County Probation will be at Lowe's this Saturday taking part in a public safety event.
- JTO offers a work experience program for people ages 16-24 years old
- Kings County Behavioral Health Medicine Abuse Trainings: Oct 23rd in Avenal, Oct. 29th in Corcoran and Nov. 1st in Hanford.
- California Health Collaborative will be presenting on Youth Vaping Signs & Symptoms on October 24th
- KCOE Trainings: Brief Intervention Training, January 15th; Anti-Smoking Contest for Youth in Kings County; Homeless 101 & 102 Training
- 5th Quarter, November 1, 9pm-12am at Glad Tidings Church - 5th Quarter is an all High School Student Party! Live DJ, Prizes (Switch, AirPods +...), FREE food and more. Party held at Glad Tidings Church in Hanford.
- Every Woman Conference: From Where I Stand - Friday, November 1, 7-9pm & Saturday, November 2, 9am-3pm at Koinonia Church

## Meeting Adjourned

### Workgroup Highlights

- **Substance Use Prevention** (First Wednesday, 10:00-11:00am) - Focusing on a pilot project of Substance Use Prevention in Corcoran. In the process of identifying key players and developing strategy.
- **Reproductive Sexual Health** (Quarterly - Second Tuesday, 9:00- 10:00am)-Now focusing on how to expand education to adults, striving to reduce the incident rate of STD's in Kings County.
- **HEAL (Healthy Eating/Active Living)** - (Second Wednesday, 1:30- 3:00pm) Promoting a School Wellness Policy white paper; Reviewing the promotion and usage of Summer Lunch programs; Working to improve food accessibility in vulnerable communities
- **KCWA (Injury/Violence Free)**-Building a planning committee to take Human Trafficking awareness into action on a county wide protocol
- **Mental/Emotional Wellbeing** (Fourth Tuesday, 9:30-10:30am) - Continuing to offer Social/Emotional Teacher Trainings; Hosted County-wide 'Youth and Social Media' training for guidance counselors, social workers, and clinicians; combining forces with the Kings County Suicide Prevention Task Force