

# **GENERAL MEETING MINUTES**

Thursday, November 19th, 2015 1:00-3:00pm, Monarch Room, Kings County Behavioral Health

# Meeting called to order at 1:05 pm

# Welcome and Introductions by Debbie

Those present introduced themselves with approximately 34 people in attendance

#### Announcements

Strategic Plan – Thank you to the work groups for all their summaries. We will vote on the plan at the January meeting The Mental & Emotional Well-Being group is already implementing their plan at schools starting in January! NO general meeting in December, only the Prevention Awards

# Quorum was met

### **Board Voting**

Andrew Cromwell motioned to approve the October's meeting minutes and Julia Patino seconded the motion – all approved

# **Kings County Annual Prevention Awards**

RSVP Today: kingscountypreventionawards.eventbrite.com

#### Award Winners Announced by Katie Arnst

There will be a link in tomorrow's (Nov. 20<sup>th</sup>) weekly update for 'People's Choice Award' voting and will be announced the week before the prevention awards

# **Organization Spotlight**

Victim Witness Assistance Program - Julia Patino

### (6 handouts)

The program helps make criminal justice more understandable and accessible

Keeps victim and families informed and supported throughout the criminal justice process and helps them understand their rights through Marsy's Law.

<u>Program Services</u>: Orientation to the criminal justice, criminal case status info, court support and escort, restitution assistance, property return, referral to community resources and services, crime prevention information and witness protection, temporary restraining order assistance, creditor intervention, employer and housing intervention, transportation assistance, emergency assistance, and compensation for crime related expresses.

#### They do criminal court, not civil court.

VINE- Victim Information & Notification Everyday, which helps victim know when their offenders are released. *U-Visas* are non-immigrant visas set-aside for victims which offer protection of crimes like sexual abuse, domestic violence, etc.

Looking for resources to help their program!

### **Presentations and Discussion**

Radon in Kings County – Update - Darcey Pickens

Susie Rico from American Lung Association- Lung Force Campaign stated that Radon was #2 leading cause of lung cancer

What does Kings County in prevention of Radon? Kings County doesn't do much but Wal-Mart and other stores have a test kit to test the level in your homes.

EPA says that Kings County is a Zone 3 County (low-risk), but recommends that every home is tested

### Teens and Drug Use - Valentin Ferrel

#### Announcements:

Homeless Turkey Dinner This Saturday, Nov. 21st at the old Koiniana Church Sunday night, Nov. 22<sup>nd</sup>, at Koiniana for Youth Concert Next weekend Avenal Police Department BBQ and Raffle Homeless Connection – January 28<sup>th</sup>, more information to come <u>Presentation:</u> Gateways Drugs: Alcohol and Tobacco, Cannabis Common drugs used by teens in Kings County: Lean, Molly (MDMA), Meth, Marijuana, Xanax Know the signs for change in adolescent behavior- grades, grooming, anger, isolating from family, coping skills, defiance of rules Factors contributing to adolescent substance use: peers, home life (changes in family structure), abuse,

boredom, parental substance abuse, poor coping and social skills, fitting in. Westcare provides: Youth drop-in, gang tattoo remover, outpatient treatment, homeless connection

### Special Guest - Community Needs Discussion - UC Davis Group - Caroline

UC Davis is doing surveys about health and well being of ages 0-8, through community meetings, in-depth interviews, and quantitative data to conduct their research

"What programs is already in place? What would you like to be changed? What can help a child in Kings County? What do you need to strengthen the collaboration? I.e. Grants, research..etc." The survey will help understand where the Central Valley stands in health and well-being of children and what actions are taking place (or should be) in prevention.

#### **Roundtable sharing**

Evi –Announcement- Their work group is starting to implement their plan (Tobacco- Free Living) in Kings County at schools. Contact Melissa for more information or to help make more presentations happen in schools.

Katie- Behavioral Health – Announcement- Possible grant that will help provide money for a future Crisis Intuition here in Kings County! She will update the group about the grant in the future.

### Meeting adjourned at 3.38pm