



**GENERAL MEETING MINUTES -  
August 20, 2015**

Thursday, August 20, 2015 1:00pm – 3:00pm  
Kings County Behavioral Health Hope Room

**Meeting called to order by Debbie at 1:06 pm**

**Welcome and Introductions - by Debbie Grice**

Those present introduced themselves with 43 people in attendance

**Announcements**

- Jordan Robinson will be emailing everyone about getting mailing list updates
- Julie passed around sign up sheet for emails who aren't already on it
- September 17, 2015 meeting in the Monarch room
  - 7 priority areas will be talked about and strategic plan on prevention at the next meeting
- Conference call option for meetings
- August 27<sup>th</sup> Community Health Needs Assessment in Hope Room 1pm-
  - It's a focus group about health care for the community put on by Hospital Council of Northern and Central California- once every 3 years
  - Sign up by contacting Jordan or Julie

**Quorum was met**

**Board Voting**

- Katie motioned for the minutes from Annual Meeting, June 18<sup>th</sup>, 2015 and was seconded by Crystal motion - all approved
- Crystal motioned for the new board member, Julia Patino, Victim Witness Coordinator, and Katie seconded the motion – all approved.

**Organization Spotlight**

- 'Shoes' Program at Behavioral Health by *Cela Nichols*
  - (handout) Lunch time club at for schools in town for 5<sup>th</sup> and 6<sup>th</sup> graders where they learn about bullying and substance abuse and their harmful effects
  - PSA- Video/ Pictures
  - "Learn to walk in someone else's shoes"

## Presentations

- CA PREP Updates by *Evi Hernandez*
  - KPFP serves as Coalition for CA PREP
  - Jason Spitzer spoke to the group on behalf of CA PREP
    - 21 agencies funded by CA PREP
    - Evidenced based curriculum
    - “Be proud, be responsible”
    - Educating youth in communities on STI’s and teen pregnancy to help reduce rates
    - Targeting communities who are in high need of sexual health education like those above state average for birth rates, foster care, and homeless
    - CASHNI- is a score which counties are eligible based on adolescent birth rates, repeat teen births, gonorrhea rate, percent of youth living in poverty, youth in isolates areas, and rural community status
- Youth Prevention Summit by *Van VanLandingham*
  - (handout)
  - Prevention youth summit- focuses on all forms of prevention
  - The Trevor Project teaches on crisis intervention and suicide prevention in LBGQT community
    - Between 15-24 ages, suicide is 3<sup>rd</sup> leading cause of death
  - Partners with multiple agencies in Tulare County: NAMI and Choices-Breaking the Silence, the Trevor project, Tulare County Tobacco Awareness and Education, District Attorney’s, Child Welfare Services, Family Services, Tulare County Health and Human Service Agency, Crossroads TAY Housing Program
    - Teen dating violence, cyber bullying, nutrition & obesity, homelessness, alcohol & tobacco awareness, rape prevention, human trafficking and adding gang prevention
  - Showing a model for KPFP and how to reach out to our community to start Prevention Youth Summit in Kings County
- Childhood Obesity Conference by *Becky Durrenberger*
  - Promoting health rather than size
  - Obese children 1.6x more likely to be bullied
  - 70% of our body weight is genetic- highly heritable
  - Toxic Noise: rules about why, what, and when to eat interfere with positive body care today
  - Parents and peers endorse a preference for thinness, weight control, body dissatisfaction, dieting which could lead to youth feeling bad about their weight and lose weight in harmful ways
  - **“You cannot solve problems with the same thinking that created them”**
  - Promote health enhancing behaviors the same for everyone, regardless of size
  - **“Don’t set goals a dead person could achieve better”**

- Examine own biases, teach the holistic model, recommend what to do vs. what not to do, prepare to be repetitive, model what we teach, be ecological-find platforms for a whole-community approach
- Dove- Onslaught video

### **Roundtable Sharing**

- Darcy- (handout) Sept 19 Kings River Clean Up, meeting at Jackson Ave, lunch served
- Kings County Breastfeeding Coalition- prenatal mood and anxiety disorder
  - Needs resources for November
  - Talk to Becky about signing up
- Probation – Juvenile work program- for work/ clean ups contact probation office
- Special Olympics Chili Cook Off
  - Looking for info and vender booths
  - Booths are free for service organizations
  - Sept 26<sup>th</sup>, 10am-3pm at the Civic Park
- Reminder- If you have flyers email them to Julie
- Confidentiality and Minor Consent workshop- reviews minors' right to consent laws
  - September 28, 2015 at the Health Department. Registration at 12:30-1pm, presentation 1-3:30pm
- CalViva and Kings County Diabetes Coalition
  - Contact Maria Elena to register (559) 447-6162
  - Learn how to prevent diabetes
  - Looking for another location to present
- Sept 19<sup>th</sup> and 20<sup>th</sup> river clean up – Tulare County
- CATCH (handout)
  - Training for preschool teachers, childcare providers, and others who work with children ages 3-5 to educate on nutrition, active living, how to prepare healthy snacks. Limited to 30-35 spots
- Healthy Homes Training Tuesday, August 25<sup>th</sup>,
  - Free one day training
  - Provided by Kings County Public Health and California Breathing Asthma Program

### **Handouts**

- CATCH
  - Prevent Diabetes
  - Confidentiality and Minor Consent
  - 11<sup>th</sup> Annual Kings River Cleanup
  - Youth Prevention Summit
  - Shoes Club
- **Meeting adjourned: 2:57 pm**