

NOTES

Kings County Mental Health Taskforce

Thursday, April 25, 2024 from 9:00am-10:30am



We will begin at 9:05am 😊

Attendance: Yvette Olivera, Amber Gates, Aliyah Ortiz, Antonio Lopez, Codi Pennington, Alice Patterson, Desarine Lowe, Claire Fitiausi, Seng Leang Tang, Kelly Maestas, Alyssa Blue, Carmen Alvarez, Teresa Pasillas, Devonderia Sanchez, Ceth Moore

★ Introductions & Ice Breaker

- Your favorite activity or event you enjoy in the summer?

★ Mental Health Matters: Coffee & Camaraderie

- Tuesday, May 7, 2024

- [Flyer](#)
- Details
- Agenda

★ 23-24 Goals & Activities

- Wellness Funtivities with Summer Kidz Spot in Avenal

This project fosters collaboration, allowing organizations and programs to facilitate the following wellness activities in Avenal.

- **Confirmed!** Wednesday, June 26 - Yoga
- Wednesday, July 10 - Painting
- Wednesday, July 24 - Bracelet Making

- Children's Storybook Garden & Museum



- [Flyer](#)

- Friday, June 7, 2024

- In search of a Meditation or Yoga Instructor.

- Kelly Baker – Onyx Counseling, Trauma Informed Yoga
- In-Shape Yoga, JustLife, Planet Fitness Instructors

- Social Media Effect on Young Minds: Digital Safety

This project aims to explore the impacts of social media on youth aged 8 and older, with the aim of ultimately sharing its findings with teachers and parents.

- [Draft Powerpoint Outline](#)

- Alice Patterson and Teresa Pasillas

- Present at School Open House, Teacher Trainings, Child Programs/Teen Programs on NASL Base.

- Holidays and Mental Health

This project seeks to focus on mental health during the holiday season.

- Gratitude Jar

- ★ Community Planning Process

- KCBH, Brenda Tamayo-Pagan & EvalCorp, Ryan Brunton

- The MHSA Annual Update has been posted for public comment on the KCBH website: <http://www.kcbh.org/public-notice.html>.

- ★ [Outreach](#), Des Lowe, KCBH Quality Assurance Specialist and Ethnic Services Coordinator

- 988 outreach

- Mental Health Awareness and Services outreach

- Coffee with a Clinician on May 8, 2024 from 9:00am-11:00am at Hola Cafecito
- Thursday Night Market in May 2024
- Pop-up around Kings County & Schools

- ★ [Services](#)

- DRAW, Seng Leang Tang, DRAW Clinician

- Dropping off DRAW Program for Mental Health Matters



- LOSS, Polo Ortiz, KCBH Adult System of Care Clinical Program Manager
 - If you are interested in being a LOSS team member, please reach out to Polo.
- ★ Training, Antonio Lopez, KCBH Prevention Coordinator
 - Mental Health First Aid (Virtual) on May 10 (In-person) on May 22
 - SafeTalk on May 20 at 1:00pm
 - Mental Health First Aid will be offered in Spanish on May 4
 - Contact antonio.lopez@co.kings.ca.us or Ceth.Moore@co.kings.ca.us
- ★ State-required Suicide Prevention Strategic Plan, Noah Whitaker, KCBH Plan Consultant

- ★ Roundtable

Take this opportunity to share any organizational updates, community events, activities, or any other information you'd like to communicate.

 - Kings View Annual Mental Health Walk on May 15, 2024
 - Suicide Prevention Resource Fair on the September 19, 2024 at the NASL Base Gym followed with a September 20, 2024. Please reach out to Amber at amber.m.gates4.naf@us.navy.mil.
 - Kevin Hines Story # Be Here Tomorrow on Thursday, September 5, 2024 at the COS Theatre from 7:00pm-8:30pm.
 - Community Listening Session on Friday, April 26, 2024 from 4:00pm-6:00pm at the Windgate Apartments in Hanford.
 - Finding Peace Within: Journaling Session on Monday, April 29, 2024 from 6:00pm-7:00pm at the Starbucks Community Room in Hanford.

Next Meeting: Thursday, May 23, 2024 at 9:00am

