

MEETING NOTES



Kings Coalition for Wellness Awareness

September 9, 2020; 10:00am-11:30am

Via Zoom

- ❖ Attendees: Julia Patino, Alma Loza, Jon Robles, Cheril Ray, Timothy Campbell, Karina Casarez, Lily Diaz

- ❖ October event
 - Unfortunately due to COVID, Rock the Purple won't happen this year.
 - We are still wanting to host an event focusing on domestic violence and education.
 - Circle T Ranch: At the ranch, they offer equine therapy. The event idea is to host a "therapeutic" paint night at the ranch. We would select a handful of victims (+families/children). We would host a guided paint night. We are hoping to have a licensed therapist at the event and an art professional who could guide the paint event. Possible appetizers and treats would be available for them. After the paint night, we would host an "art gallery" of the paintings that were created. We could display the pieces in the courtyard of the government center so that they could be left out and viewed throughout the day; this would also be in accordance with COVID guidelines. The ultimate goal is education on domestic violence and to serve victims in the process
 - How many participants?
 - Have to limit the number due to COVID but at the ranch, they could be spread out.
 - If families are invited, maybe 5 families; If only women, maybe 5-10 women.
 - Give privacy but also collaboration; if the event is crowded, it can be anti-therapeutic
 - We want to provide personal invitations to victims
 - If you have someone in mind, pitch them to KCWA group. The group will then decide how many and who to invite.
 - We want this event to be diverse; not only women but also families, children, men.

- Cheril stated that paint places are offering virtual experiences and allowing you to pick up materials
 - Idea to possibly choose a handful of participants for ranch paint night but also offer virtual to other victims and families.
 - “Board and brushes” downtown Hanford might do virtual painting
 - We will probably provide canvas and materials so we would have to figure out expense and how to distribute if we were to do a virtual event
 - Cheril offered to provide more information regarding virtual paint nights; virtual experiences are free however to pick up materials, it’s about \$28 per set.
- Alma Loza shared that they are hosting a virtual kintsugi event. Kintsugi is the Japanese art of repairing broken pottery by mending the areas of breakage with gold paint or powder. Participants can use broken pottery or items from the dollar store. In addition to the pottery, the only other expense would be the gold paint or powder.
 - ◆ Might be a slightly more cost effective method on a virtual basis
- Julia stated she could reach out to receive possible donations for getting art materials and food for the ranch event The ranch itself is being offered for free.
- We would need to look for an available therapist who would be okay to attend
 - Alma Loza stated they use clinicians who have art experience. They have 3 clinicians and she can ask if they’d be willing to help.
- No date at the moment. Aiming for the week of October 19-23rd for the art class. The following week would be the art display. For the art class, we would most likely do an evening event.
- ❖ KPFP Domestic violence panel during general meeting (October 15)
 - We would need to find panelists, come up with questions for the panel, and a moderator for the panel. Julia stated she will ask the VAWA unit to see if anyone would be willing to participate in this event. Also interested in having maybe 3 victims. The focus/topic of the panel is to explore how victims are dealing with COVID, what they are experiencing and how they are feeling during this period. We will be focusing the panel questions on this topic.
 - If anyone can think of anyone good on this panel, please let us know

- Cheril stated she can reach out to a manager or supervisor or social worker from CPS to maybe speak on the difference in reports being received for child welfare
 - Julia stated she can ask Keith to moderate.
 - We will have questions prepared beforehand so that panelists have the questions in front of them
 - This will be a virtual panel.
 - KPFP has done a virtual mental health panel before
 - Karina will talk to someone from the Mental Health Taskforce to see if they know information about how the mental health panel was organized
- ❖ *Until the next meeting:* brainstorm panelists and victims who could be good speakers for the panel. Look for clinications/art professionals for the ranch event.

Next meeting: **September 17th; 10:00am-11:30am**