

MEETING NOTES



Kings Coalition for Wellness Awareness

September 17, 2020; 10:00am-11:30am

Via Zoom

- ❖ *Attendees:* Julia Patino, Rosana Rossel, Jon Robles, Cheril Ray, Tim Campbell , Lisa Simmons, JR Hernandez, Beverly Rodriguez, Lily Diaz, Sophia Aguilar, Karina Casarez

- ❖ Domestic Violence Paint Ranch event
 - Still working on a date; week of October 19th; either October 20th or 22nd (Tuesday or Thursday); evening (4pm-7:30pm)
 - Can't confirm the date until a painter and clinician are confirmed
 - Working on getting maybe 5 domestic violence victims to attend; also open to including children
 - We want a therapist and paint instructor there. Julia spoke with artist Lisa Alvarado who does paint night instruction. Lisa is doing therapeutic painting with children at the library and has experience doing therapeutic art. We still need to confirm a clinician. Lisa also has supplies and will check which supplies she has and which materials we still need to purchase.
 - Example of Lisa's work:



- Question: Are we wanting a specific size of canvases?
 - Answer: We are looking for a variety of different sizes for canvases so that the attendees can choose

- ◆ Possibly get smaller canvases for kids. Tim will look at the dollar tree to see if there are canvases there.
- Rosana stated she may have some paint brushes to donate
- Julia spoke on how paint therapy may be a therapy option for the future. Victims are currently sent for equine therapy and this has been successful
- Julia stated that she is hoping the clinicians can guide the victims to expressing their feelings. The process is that they start off with identifying a color that represents their feelings
- The event will be in an outdoor setting due to COVID
- We will need tables (6ft/8ft tables) for snacks and refreshments
 - If anyone has tables available and able to donate, please let Julia know
 - Rosana will look to see if there are tables she can donate
- Julia will be ordering snacks and drinks from the jail; cookies/punch/tea/sandwich sliders
 - Any other donations could be water/ice
 - Probation department has ice machine and should be able to donate ice; also has a standard table to donate
 - Rosana offered to donate 1 to 2 cases of water
 - HSA also has ice machine
- We are also looking for tablecloth donations
 - Victim Witness will work on tablecloths
- Julia spoke to a clinician last night who has been trained in therapy but won't be in town this week; will give another clinician a call
 - If you have a suggestion of a clinician, please email Julia. We want to confirm soon.
- The committee talked about doing Kintsugi during the last meeting. We want to offer this during the event so that when we do the art gallery, we have different types of art to display. We also understand not everyone may want to paint so this will be a second option. We would only offer this to teenagers and adults.
 - The process of Kintsugi is fairly simple. It involves breaking a piece of pottery in a pillowcase. You then mix glue with gold powder and glue the piece back together. In addition to the pottery, pillow cases, glue, and gold powder, we also will need disposable trays, wood sticks, and gloves.
 - Unless someone has these things already, we will just pick these items up
 - Cheril will get back to Julia in regards to pillow cases

- The invitees can bring their own personal piece or there will also be some pieces available if people are interested
 - Who we are inviting
 - There is currently one family of interest to invite. The family consists of one victim with 4 children. She has gotten herself out of a bad relationship and spent 8 months in a shelter getting a job and home. Her children are aged 7, 8, 11, and 13. It is believed that she will be receptive to participating. She may also be a good panelist but she hasn't been asked if she's available for either event yet.
 - There are also 2 other victims who could be potential invitees.
 - Cheril has a supervisor meeting today and will reach out to see if they have any interest in helping
 - Julia stated that she wants to get invites out by next week so if you have someone in mind to invite please give Julia names and addresses. We want to send a formal invitation to come. Please give us names by next week. Julia stated she believes it's best if we first call to explain what it is first and then we will send a formal invite afterwards
 - Tim Campbell stated the DV officer will come in the afternoon so he will talk with her and see if she thinks there are any good candidates who would be interested in this and hopefully get information today or tomorrow
 - Julia suggested for the group to get the names to Karina by next Wednesday (September 23rd) so that we can get invitations out on Thursday
 - Virtual paint night
 - Cheril Ray reached out to the paint night instructor but hasn't heard back. The paint night kits available from paint night events is \$28 per kit but she is not sure what the kits include exactly.
 - Julia stated that this is something to think about doing in the future with a bigger budget but may be too expensive for now.
 - Question: Do the individuals being invited have to be completed success stories or can they be victims who are currently going through their case?
 - Answer: Victim doesn't have to be a completed story; their case can be pending
- ❖ KPFP Domestic violence panel during general meeting (October 15)
 - The panel will last between an hour and an hour and a half;
 - We are wanting a few professionals in the field and 2-3 victims for the panel

- We will funnel the questions to Karina. The questions that Karina receives will be added to agenda and during the next meeting, we will going over the questions
 - Please submit questions between now and the end of this month (September 28th)
 - Julia will try to send Karina an email “blurb” to send out to KPFP to receive questions from the community
- Keith Fagundes will be moderating the panel
- Julia has asked the VAWA unit to sit on the panel. Deputy District Attorney Michelle Kubik and Lisa Simmons, a victim advocate, will be on there.
- Cheril will ask if there are any leads interested in sitting on the panel from CPS.
- Rosana will talk to Director from Santa Rosa Rancheria to see if someone would be interested in participating
- The questions and purpose of the panel will be focused on Domestic Violence during the pandemic. This does not necessarily mean they became victims during the pandemic but instead victims who are now experiencing the pandemic and how they are dealing with issues during the pandemic
- We want to ask the “survivor” Lisa talked about to invite to the paint night to be on the panel
- If you have anyone you believe would be good to be on the panel, please let Julia know.

Next meeting: September 24th, 10am-11:30am