

## Healthy Eating/Active Living

May 12, 2020 - 1:30pm-2:30pm via Zoom <u>https://us02web.zoom.us/j/81740429059?pwd=VVRTZit60kgydC9ndVZQTENHZjBZdz0</u> <u>9</u> Meeting ID: 817 4042 9059 Password: 909572

Dial by your location: +1 669 900 6833

*Attendees*: Phoebe Petersen, Pam Eide, Alvarado, Deepa Srivastava, Susan Lafferty, Cameron Jones, Renee Farias, Teresa Spicer, Aime Hernandez, Liliana Sandoval, Jacobus Kos, Karina Casarez, Maricsa Davalos

- Welcome & Introductions
  New HEAL date: Tuesday 9-10am
- School Meal Updates/ Food Distribution Updates
  Suggestion to include other distribution lists such as school lists
- ✤ 2021 Goals & Objectives discussion
  - > 2 Smart Goals created that are focused on decreasing obesity.

A. By June 2021, conduct 3 promotional activities to create awareness of, and encourage participation in, summer meals programs.

- Summer Meals Program Campaign
  - Review Calendar
  - Drive link
    - Please fill in the resources your organization would like to be promoted on the days relating to similar topics
  - #559HealthySummer / #HealthySummer559

B. By June 2021, compile a list of community physical activity resources available to individuals across the lifespan (youth, adults, seniors).

Organization Updates

Next Meeting: June 9th, 1:30-3:00pm / June 8th 9-10am