

Meeting Notes



Healthy Eating/Active Living

June 8, 2020 - 1:30pm-2:30pm

via Zoom

<https://us02web.zoom.us/j/81740429059?pwd=VVRTZit6QkgydC9ndVZOTENHZjBZdz09>

Meeting ID: 817 4042 9059 Password: 909572

Dial by your location: +1 669 900 6833

Attendees: Phoebe Peterson, Pam Eide, Deepa Srivastava, Teresa Alvarado, Renee Farias, Aime Hernandez, Cameron Jones, Jacobus, Eldon Bueno, Brandon Moreno, Susan Lafferty, Yasmin Gonzalez, Brandon Moreno, Karina Casarez

- ❖ Welcome & Introductions

- ❖ School Meal Updates/ Food Distribution Updates
 - Summer Food Schedule for schools

- ❖ CalFresh Updates
 - **Emergency Allotments**
 - Emergency allotments raised benefits for all ongoing CalFresh households to the maximum allotment based on household size beginning March 2020. As of April 2021, a new minimum emergency allotment of \$95 for all households was also introduced. Approved on a month-by-month basis
 - **Exclusion of Pandemic Unemployment Compensation (PUC)**
 - This temporary provision effective through October 31, 2021 allows the exclusion of PUC benefits when determining CalFresh eligibility.
 - **SNAP Benefit 15% Increase**
 - This temporary provision provides a 15% increase in CalFresh benefits for all households. Currently, this provision is effective through September 30, 2021.
 - **Expansion of Student Eligibility**
 - This temporary provision provides for two changes to the CalFresh student eligibility rule by expanding eligibility to students who are

eligible for federal or state work study or who have an Expected Family Contribution of zero dollars. Currently, this provision is effective through the end of the public health emergency.

- **P-EBT 2.0 Updates: School Age Children**
 - Eligibility: enrolled at a school for SY 2020-21 that participated in the National School Lunch Program/School Breakfast Program, eligible to get free/reduced-price meals, and attending school via distance learning some days a week
 - P-EBT plan is pending USDA review and approval
 - CA must collect “school status” information for SY 2020-21 directly from schools that participate in the federal meal program.
- **P-EBT 2.0 for Young Children: Updates**
 - P-EBT plan for young children has been approved, covering period from October 2020-May 2021
 - Eligibility: 0-6 years old, be getting CalFresh benefits between October 1, 2020-May 31, 2021 and living in a county where at least one school facility is closed or limiting in-person instruction.
 - No P-EBT application. All eligible children will receive P-EBT cards directly by mail.
 - New P-EBT 2.0 card
- A lot of flexibilities so family’s don’t go without food; doing simplification with requirements and applications; Applications are down;
 - Even if they’re getting unemployment, this is not being used against the household; families can still get Grab-n-go meals

❖ 2021 Goals & Objectives discussion

- 2 Smart Goals created that are focused on decreasing obesity.

A. By June 2021, conduct 3 promotional activities to create awareness of, and encourage participation in, summer meals programs.

- Healthy Summer Campaign
 - June 1st - July 9th
 - [Drive link](#)
 - **#HealthySummer559**
 - **THANK YOU** to those who gave resources and swag
 - **DON'T FORGET TO LIKE, SHARE, INTERACT**

B. By June 2021, compile a list of community physical activity resources available to individuals across the lifespan (youth, adults, seniors).

❖ Organization Updates

- Other HEAL in Nevada had a community garden for young school-aged children

- KCAO - there is a community garden but due to COVID, the events were cancelled; slowly getting back to interacting; there will be in-person classes this summer
- There is a community garden near Parks and Rec; adventist health also built a community garden but it completely closed down; past attempts has not been completely successful
 - Suggestion to emphasize the Children's Storybook Garden
- "Hydroponics"
- Discussion in August: What do we want to talk about/ plan for this project?
- June is Dairy month; has partnered California Ag in the classrooms; has a new Milk & Dairy foods tip sheet
 - Milk + dairy foods tip sheet:
<https://www.healthyeating.org/products-and-activities/community-education/tip-sheets/dairy>
 - Taste + Teach video:
<https://www.youtube.com/watch?v=7p9D0IC8bhQ&t=5s>
 - ag in the classroom activity:
<https://cdn.agclassroom.org/ca/tasteandteach/06.pdf>
- KPFP Annual Meeting breakfast
 - KPFP Annual Meeting (in person! & via zoom) : June 17, 2021 from 8-10am
 - To sign up:
<https://www.eventbrite.com/e/2021-kpfp-annual-meeting-keep-going-keep-growing-tickets-77568799367>
- Kings County ACEs Network of Care
 - KPFP Annual Meeting (in person! & via zoom) : June 17, 2021 from 8-10am
 - To sign up:
<https://www.eventbrite.com/e/2021-kpfp-annual-meeting-keep-going-keep-growing-tickets-77568799367>

Next Meeting: August 10th 9-10am