

MEETING NOTES



Healthy Eating/Active Living

December 9, 2020 - 1:30pm-2:30pm

via Zoom

<https://us02web.zoom.us/j/81740429059?pwd=VVRTZit6QkgydC9ndVZQTENHZjBZdz09>

Meeting ID: 817 4042 9059 Password: 909572

Dial by your location: +1 669 900 6833

Attendees: Phoebe Petersen, Pam Eide, Renee Farias, Karina Casarez, Juan Martinez

- ❖ Welcome & Introductions

- ❖ School Meal Updates/ Food Distribution Updates
 - Seeing decline in meals
 - A lot of aid providing food in the community is available during this time of the year
 - Families able to access food in other ways
 - Pam Eide- numbers of distributions went down in October but up in November
 - Had turkey distribution in November
 - One week had over 500 hundred

- ❖ 2021 Goals & Objectives discussion
 - Social Media spotlights
 - Karina will be sending a 'mock up' image to the group for a social media spotlight post. If your organization is interested in being spotlighted, please email Karina with your organizations:
 - Mission/value statement
 - What you do/resources offered/ services provided
 - Social Media handles
 - Who to contact
 - Website url

- Please also let Karina know what 2 colors represent your organization best for design purposes
- Home Garden contacts
 - Pam is planning on contacting Home Garden to ask about interest in continuing meetings
- Increasing attendance
 - Phoebe suggested possibly looking into inviting P.E teachers, admin from inside the school district
 - If you think of anyone who should join this group, please send their contact info to kfpf.assistant@gmail.com
- ❖ Organization Updates

Juan Martinez:

- Services will continue but will be limited (Ex: By appointment only)
- Food distributions is one of the biggest needs so this won't be disrupted
- If we see an increase/demand for food, will look into increasing
- Good supply of food vouchers for families affected by COVID (\$50 denomination; only food; no cash back)
- Having trouble with Nutrition Education classes due to COVID

Renee Farias:

- Continuing digital curriculum and resources and virtual dairy and farm tours
- Launched Let's Eat Healthy movement
 - Sign up "Join the Movement" → will receive newsletter and resources
 - Join the movement: healthyeating.org/join

Next Meeting: January 13, 2021 1:30-2:30pm