

MEETING NOTES



KINGS PARTNERSHIP

KPFP Monthly Meeting

February 16, 2023

1:00pm - 3:00pm

Koinonia Church

12536 Hanford Armona Rd, Hanford, CA 93230

Welcome and Introductions *Gabriela Rodriguez, KPFP, Executive Director*

**Ice Breaker Question: What is one thing you love about yourself?*

KPFP Updates:

- Healthy Eating Active Living Workgroup will be having an Avenal Community Event on Saturday, February 18, 2023.
 - 4:00pm - 5:00pm Food Distribution
 - 5:00pm - 6:00pm Art - Guided Journal Activity
 - 6:00pm - 7:00pm PATY Studios Interactive Performance
 - 7:00pm - 8:00pm Zumba
- **SAVE THE DATE:** Kids Day is on Saturday, April 22nd from 9am - 2pm.
 - If you are interested in outreaching/boothing for this event, please reach out events@hanfordchamber.com
- The Financial Stability Taskforce will be having a "How to Rebuild Your Credit" on Thursday, March 30th at 4pm - 5:30pm.
 - If you are interested in being a part of the Financial Stability Taskforce, please reach out to Aliyah at aliyah@kpfp.org.

About the presentation:

Eating Disorders: Identify, Help, Prevent

1. *What is an eating disorder*
2. *Prevalence of eating disorders*
3. *Who gets eating disorders*
4. *Types of eating disorders*
5. *Consequences of eating disorders*
6. *Identify eating disorders*
7. *Next steps/Treatment of eating disorders*
8. *Community Prevention of eating disorders*



About our presenter:

Mary Ellen Banevedes

Mary Ellen Banevedes is the owner of Mary Ellen B Nutrition Therapy – Food, Body, and Soul Alignment located here in Hanford. Mary Ellen is a trauma-informed Registered Dietitian Nutritionist, Certified Diabetes Care and Education Specialist, Certified Intuitive Eating Counselor, and body image coach. Mary Ellen works one-on-one with people in-person and virtually for eating disorders and disordered eating specializing in those with PCOS and diabetes including gestational diabetes.

Mary Ellen graduated from the University of Kentucky in Dietetics and successfully completed her internship affiliated with Yale University Medical School at Yale–New Haven hospital. Mary Ellen has over 25 years of clinical experience. Since moving to the Central Valley, her career has included being Clinical Nutrition Manager for Adventist Health Central Valley Network, sitting on the Central Valley WIC dietetic internship selection committee, and helping to establish the Sweet Success Program for pregnant people with diabetes and gestational diabetes at Family Healthcare Network.

While working in an outpatient she was seeing many people coming in with eating disorders. Having empathy and an affinity for these patients considering her own decades long struggles with disordered eating and that there was an inability to provide them with the appropriate and long-term follow-up that they needed she opened her practice to help address this gap.

[[Click here](#) to view the Eating Disorder: Identify, Help, Prevent]

New (possible) Project Spotlight:

The City of Hanford
Brian Johnson, Community Relations Manager

The City of Hanford needs your voice!

About the project:

- The City of Hanford will be submitting a multi-million dollar RAISE grant application before the end of February.
- RAISE grants are for investments in surface transportation that will have a significant local or regional impact.
- If awarded the funds, the City would look to make streetscape improvements to the area surrounding Downtown's Civic Park (*Irwin Street, 8th Street, Douty Street*).



- What *could* that include? Improved/additional lighting, narrowed streets through the use of “bulb-outs” also known as curb extensions, other curb modifications, landscaping, outdoor furniture, etc.

RAISE Grant

Can be used for “transportation infrastructure” projects:

- Lighting
- Landscaping
- Walkability in Downtown,
- Safety enhancements
- “sharrow lanes”
- Improving sidewalks
- Other safety and pedestrian improvements.

How much money would we (the City of Hanford) need?

- If most of the project scope was limited to the area around Civic Park it would cost 10,000,000.

Giveaway - Congratulations Amory Marple!

Roundtable

- The first **Youth Engagement Workgroup** starts on March 14th at 11:0am via zoom. If you are interested in being a part of the workgroup, please reach out to Alyssa@kfpf.org.
- The **Self Enterprises Housing Rehabilitation Program** is designed to provide financing to repair income eligible and owner-occupied homes in need of essential health and/or safety repairs specifically in rural areas of Kings County. For more information, please reach out to Irma Wheeler at irmaw@selfhelpenterprises.
- **Dream it Be it (Soroptimist)** is on Saturday, March 25th. This event teaches girls, ages from 14-19, to believe in themselves. This a free event and there will be snacks and refreshments, giveaways, self-defense instructions and growing opportunities such as applying to grants (with parental consent). For more information, please visit Soroptimist Hanford at sihanford.org.
- **Kings United Way** is hosting its inaugural Power of the Purse luncheon to recognize Administrative Professionals Day in Kings County and to raise funds for local charities. The luncheon is scheduled for April 25, 2023, from Noon to 2 pm at the Hanford Civic Auditorium. Tickets are available for \$30. Order now!
- **Family Healthcare** Mobile Unit Networks are located at schools.



- **Exceptional Parents Unlimited (EPU)** is serving Kings County and is a family empowerment center providing free IEP support, resources, and training for Kings County families. If you work with families that have kids and youth from the ages of 0-6 years old, EPU is able to offer 1-1 support with parents and workshops. Please contact Amy Avery at aaavery@epuchildren.
- **The Job Training Office** continues to offer vocational and training opportunities for eligible individuals.
- Join the **Breastfeeding Liaison** for their 3rd Annual Central Valley Lactation Conference on April, 20th, 2023 in Fresno at the Wedgewood Weddings in Fresno, CA. For more information, please contact Carmen at cescobar@tularecounty. Copy and paste the following link to register: <https://conta.cc/3YFaoi>
- Get your taxes done for FREE at **KCAO**. Free Tax return service for people making \$60,000 or less per year. Tax services in Avenal, Corcoran, and Hanford. For more information, please call (559) 904-8854.
- **Finding Inner Transformation (F.I.T) Consultation**, Devonderia Sanchez, provides staff wellness training, team building, and mindset growth. If you know of any Veterans, please refer them to Devonderia at desanchez@fitfamtherapy
- **Listos California** can help you prepare for disasters that may occur in California like a wildfire, earthquake, or flood. Download the Listos California Disaster Ready Guide at www.ListosCalifornia.org.
- **The Source: LGBTQ+ Center** is out in the community providing youth and transgender programs, HIV testing, pop-up nights, and more. The Source's Closet is **OPEN**, restocked and organized! Enjoy a gender-free experience. You can stop by the drop in center between 10am-6pm and "shop" for some items you may need! Location: 109 NW 2nd Ave, Visalia, California. We are taking donations for lightly used clothing, new socks and undergarments. If you have any questions please contact Spencer@thesourcelgbt.org to set up a time to drop off any donations.
- Keep your Medi-Cal - Don't miss important information about your MediCal health coverage. Make sure your county has your current contact information.
- Aspiranet is hiring for an entry-leave job for a Housing Specialist,

Workgroup Highlights

- Substance Use Response Group (First Wednesday, 9:00am-10:00am, via Zoom)
- HEAL (Healthy Eating/Active Living) (Second Wednesday, 1:00-2:00pm, via Zoom)
- Kings County Mental Health Taskforce (Fourth Thursday, 9:00-10:30am, via Zoom)



Want to join one of our workgroups? Email Aliyah at aliyah@kpfp.org and she will get you connected! Make sure your team is at the table!

