



**Santa Rosa Rancheria Tachi-Yokut Tribe  
Tribal Social Services Department**

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# TRIBAL SOCIAL SERVICES DEPARTMENT

## Services Overview



*Keeping the Circle Strong...One Family at a Time*

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## Indian Child Welfare Act (ICWA) Services

### **Overview of Law:**

ICWA sets forth specific placement preferences. If an Indian child is removed from the family or if an adoption is in the process, the court/ Department of Social Services must place the child in accordance with these preferences (in the following order):

1. A Tachi Tribal member that is related to the minor
2. A Santa Rosa Rancheria resident that is related to the minor;
3. A member of an Indian Tribe other than the Tachi Tribe of the Santa Rosa Rancheria that is related to the minor;
4. A member of the minor's extended family that is not a member of any Indian tribe;
5. A foster home approved or specified by the Santa Rosa Rancheria ICWA Committee Team;
6. An Indian foster home licensed or approved by an authorized non-Indian licensing authority;
7. An institution for children approved by the Santa Rosa Rancheria ICWA Committee Team or operated by an Indian organization which has a program suitable to meet the minor's needs.

### **Overview of TSSD ICWA Services:**

Tribal Social Services Department will provide the following services once there has been an ICWA determination in a child services/ welfare case:

1. Assist in child welfare services/ placement of tribal children into tribal approved homes
2. Provide advocacy services as deemed appropriate
3. Provide Case Management Services to allow for a continuity of care for clientele

## Substance Abuse Treatment Services

The Tribal Social Services Department utilizes evidence based program models to provide Alcohol and Drug Intervention and Prevention Services within the community. Such Services include:

1. Psychoeducation for clientele and other Tribal Departments
2. Group and individual intervention services, such as Narcotics Anonymous (NA) and Alcoholics Anonymous (AA), which meet weekly
3. Evaluation and Assessment Services upon intake and completion of services
4. Relapse Prevention Services
5. Family intervention and prevention services as deemed appropriate
6. Aftercare

Program Models utilized include: White Bison, Living in Balance, and Red Road Recovery.

The main focus of the program is to assist those with the recovery process and provide the tools to improve their quality of life by allowing them to remain alcohol and drug free.



## Make the Change



## Domestic Violence Services

### Victim Services:

The Tribal Social Services Department provides emotional support to those impacted by violence within their relationships and home. In addition, advocacy services can be provided as deemed appropriate and resources

### Batterers Intervention Program Services:

The Tribal Social Services Department at the Santa Rosa Rancheria Tachi-Yokut Tribe offers a 52-Week Batterers Intervention Program (BIP) for Tribal members, lineal descendants, residents, and other documented Natives.

The BIP consists of 52 two hour sessions, which includes an intake assessment and exit assessment. Also available is the 12-Week Anger Management program, which is often beneficial to use in conjunction with the 52-Week BIP; however, it is not required.

## Anger Management Services:

### Overview of Services:

The Tribal Social Services Department provides a 12-Week Anger Management Program, which consists of 12-one hour sessions.

The program focuses on many aspects of anger for various age-groups. Such aspects include:

1. Recognizing Anger
2. Dealing/ Coping with Emotions
3. Changing behaviors associated with Anger
4. Reframing experiences

This program can be provided independently or in conjunction with the Batterers Intervention Program.

The Tribal Social Services Department assists in Crisis Intervention for all clientele and other Tribal Departments. Crisis services could be related to danger to self and/ or others, victimization, and other related issues. The primary focus is to intervene and provide safety for all parties involved. Additional aftercare services are available through TSSD after the initial intervention.

Trauma and crisis situations could arise due to various causes, however, the most common involve:

1. Suicide ideation and attempts
2. Death of a loved one
3. Homicidal ideation and attempts
4. Sexual Assault
5. Domestic Violence Victimization

## Counseling Services

The Tribal Social Services Department provides a wide of counseling services, such as individual, group, and family counseling. TSSD offers services tailored to the specific needs of the clients, based upon a treatment plan constructed during the intake/ initial appointment.

Issues addressed in counseling can range from specific to generalized. Such topics can include:

1. Grief and Loss
2. Familial Discord
3. Stress
4. Coping Skills
5. Self-Esteem
6. Adjustment
7. Defiant Behaviors in youth
8. Divorce Coping



## Crisis Intervention



### **School/ Education Services:**

The Tribal Social Services Department in collaboration with the surrounding school districts and the Tribal Education Department provide services to assist children with a variety of concerns and issues. Referrals are made through the Tribal Education Department for a wide range of services, such as:

- Counseling
- Anger Management
- Substance Abuse Intervention/ Prevention
- Social Skills Improvement/ Development

### **Psychoeducational Services**

The Tribal Social Services Department is available to present educational material on a variety of topics, based on areas of service. In addition, TSSD hosts several prevention and awareness events throughout the year to facilitate the mission of the department and promote community overall well-being.

## Employee Assistance Program

### *Overview of EAP:*

The Employee Assistance Program (EAP) serves the needs of employees by identifying and addressing a broad spectrum of health and social issues that impact job performance, including substance abuse and mental health. EAP enhances the work climate and promotes the well-being of everyone involved. EAP enrollment and completion may be reported to supervisors depending on the referral; however, the content of sessions will remain confidential. EAP services may include assessment, employee education, individual counseling, management consultation, and aftercare/ follow up services. The EAP component is the keystone to implementing a successful drug-free workplace program.

### *Overview of Services:*

Tribal Social Services Department will provide the following services:

- Individual Counseling
- Support Groups
- Assessment
- Psychoeducation
- Aftercare (Follow-Up)
- Service Topics:
- Drug/ Alcohol Abuse
- Stress
- Anger Management
- Mild Depression and Anxiety
- Familial Discord (Family Issues)
- Domestic Violence
- Self-Esteem
- Grief and Loss

## Departmental Overview

### *Mission:*

The Tribal Social Services Department (TSSD) is an all-encompassing social service provider for the Santa Rosa Rancheria Tachi-Yokut Tribe, which focuses on serving tribal members residents, lineal descendents, and other documented Natives. TSS provides culturally appropriate, empirically supported services in a wide range of areas, including: Parenting Support Groups and Psychoeducation, Indian Child Welfare Act (ICWA) placement and child welfare assistance services, domestic violence prevention and intervention, educational supportive assistance in collaboration with the Tribal Education Department and associated school districts, comprehensive alcohol and drug prevention and intervention services, family counseling, crisis intervention, grief and loss counseling, advocacy when appropriate, and various other modalities of counseling, the main goal of TSSD is to provide services to strengthen, preserve, and reunify tribal families.

### *Services:*

All services are provided within the community Free of charge to the above-described clientele. Referrals can be made from local schools, the Tribal Education Department, Personnel, Probation, and Parole, Court Systems, and various other Tribal Departments. In addition, clients can receive services on a voluntary basis by merely requesting that services be provided.





## Parenting Groups

To provide Positive Indian Parenting/ Child Development courses for those tribal members and residents seeking services either through referral or on a voluntary basis. This program is 8-week (module) duration and focuses on helping Tribal parents explore the values and attitudes expressed in traditional Indian Child rearing practices and then to apply those values to modern skills in parenting. To help parents develop positive and satisfying attitudes, values, and skills that have their roots in cultural heritage.

Parenting Support Groups aimed at strengthening the parent-child relationship and supporting parents in promoting social competence, self-esteem, and positive behavior in their children. These services are based on the social learning model, which emphasized family socialization processes as mechanisms accounting for the development and maintenance of child deviant behavior.

### Positive Indian Parenting:

- Runs continuously throughout the year!
- 8-Week Duration
- Certification of Completion provided

## Tribal Elder Services

Assist Tribal Elders and the Tribal Elder Department with a variety of social service needs, including Psychoeducation and training, psychological and emotional support and advocacy, prevention services to prevent elder maltreatment and abuse, and intervention services to cease elder abuse.

Provide linkage services for Tribal Elder in order to assist them in receiving proper care and attention from outside agencies when deemed appropriate.

