



KINGS COUNTY NUTRITION ACTION PLAN MEETING NOTES

Tuesday, November 8, 2016 • 1:30 pm – 2:30 pm • Public Health, Winkler Room

- Review of Goals & Objectives
 - *Darcy presented 2016 Goals & Objectives for the group to discuss and change as needed. Debra and Darcy will further discuss them and report back to the workgroup at next month's meeting.*
- Report on Data Findings: Barriers to Healthy Food, presented by Sergio Perez, KCAO
 - *KCAO has a Nutrition Education and Obesity Prevention program that with four questions at all of the Head Start sites.*
 - *The California Health Interview Survey does not do ask in-depth nutrition questions.*
 - *The Health Needs Assessment done by Valley Children's, Adventist Health, and Kaiser hospitals do not include nutrition questions.*
 - *These findings will help this workgroup moving forward.*
- Review of Potential Answers for Food Barrier Questions
 - *Darcy will email the assessment question to the group for review.*
- Shared Content Calendar Update
 - *Rebecca suggested that maybe publishing a list of programs/resources instead of a content calendar is a better idea for now due to the fact that only WIC and Adventist Health actually have a content calendar. KPFP can house said list on their website. Rebecca will follow up and find out what nutrition education resources are allowed to be published.*
- 211 Printable Resource List
 - *Michelle informed the group that Fedieson at United Way created a resource calendar and is working to fine tune it.*
 - *Darcy/Michelle will invite Fedieson to present what he comes up with at one of our upcoming meetings.*
- Diabesity Symposium Finding
 - *Rebecca informed the group of the findings from the Diabesity Symposium that was held in October. She handed out the Diabesity Coalition Work Plan for 2016-17.*
- The next meeting will be held on Tuesday, December 13, 2016 at 1:30pm at the Public Health Department.